

FIGG OUTLINES PLANS FOR SUGAR RATIONING

Candy and Soft Drink Makers to Cur-
tail Use of Commodity After
June 21.

Details of the revival of war-time sugar rationing have been made public by Howard E. Figg, special assistant to Attorney General Palmer.

He explained that the step is made necessary by the approaching canning season, when a scarcity of sugar for this work would leave many badly needed crops on the ground, and also cause the housewives of the country to forego much conservation for winter needs.

Beginning June 21, Mr. Figg said, sugar will be rationed through a committee of sugar refiners, to all non-essential sugar consumers such as candy and soft-drink manufacturers, hotels, etc. The sugar thus saved will be made available for canning purposes to housewives and canning plants. The people will be asked to reduce consumption of these non-essential sugar consuming products.

All the rationing is on a purely voluntary basis, said Mr. Figg, as there is no law to back up the work. The consumers affected, however, have concurred in the plan, he said.

SILENCE INSPIRES MYSTERY STUDENT

Aged Librarian Finds His Happiness by Meditating on "Unconscious" Life.

NEW YORK, June 12.—Amid the raucous rhythms of New York, its clanging street cars, grinding subways, droning trucks and nerve-rattling horns and sirens, a man has studied for forty years, oblivious to all material disturbances, calmly doing his daily work, for he has a recipe for tranquillity and happiness to be found in living in the present.

He is Carl H. A. Bjerregaard, assistant librarian of the New York Public Library, who recently celebrated his seventy-fifth birthday, forty years of life having been spent in the service of the city.

A student of mysticism since his sixteenth year, soldier, statesman and scientist as well, in later years, Mr. Bjerregaard believes we must look to ourselves alone for the solution of the world difficulties weighing down upon us now.

"We're all afloat from this war," he said today. "If we were restless before, we are now inflamed and burning."

"We've come out of the battle badly scorched mentally and morally. It would be a blessing if our nation could come to rest on mystic lines."

Mr. Bjerregaard (pronounced Bjerregaard) explained that mysticism as he understands it and practices it, has no connection with so-called cults or Oriental religions.

Mysticism Not Cult.

"Mysticism is not a cult, religion or philosophy. It is a method of life by which we live in accord with our own identity. It encourages spiritual growth. It deals with all that cannot be scientifically explained. It has to do with all things that are beyond time, space and motion."

"As for the so-called 'mystic,' let us put him at rest. The idea that animates him is only troublesome. It is vague, meaningless."

"Real mysticism is purely personal. It reaches the very bottom of one's existence. It makes it possible to find out who one really is."

"It is the deepest, unconscious life. Center yourself on that instead of all your thoughts on God. Talk to no one. Silence will become a habit and will gradually kill earthly desires. This leads to self-knowledge."

"The intenseness on one's own identity, thus produced, must not be thought of in an egotistic way. It is all for the purposes of the Kingdom of God."

"Isn't this meditation similar to the practices of the Hindu Bhramin?" he was asked.

"Well, the Brahmin has all the Yoga practices, but that is a religion, and the mysticism, as I understand it, is a broader thing."

"How few people we know who could sit and look at a tree for an hour! The average person would think how many cords of wood the tree contained, how much it would cost, and what its botanical name was."

"Let's contemplate the serene beauty of a tree, the life of the tree, and then think of your own life."

"We aim too much at objective things, things outside of ourselves, instead of exploring the beauties of our inner consciousness."

Urges Meditation.

"Most people are interested in a thousand things and don't know much of any one of them. Meditation for a time each day would encourage the growth of the spiritual side."

"I regret to have seen the recent wave of spiritualism and similar 'isms' that became a national craze. We must put all such nonsense out of our thoughts."

"Remember, a mystic doesn't need to flee life. I have worked right here in this library—not this building—forty years."

"I deal with people. I am not shy or a recluse. I believe each man must learn to be human, first of all."

"As for my work, while I am seventy-five today, I still expect to work twenty years longer."

One can easily believe Carl Bjerregaard is not a shy or retiring man after reading his history. A Dane, he came of Viking stock and was a scout in the Schleswig-Holstein war in 1863-4. Later he graduated as officer from the Military Academy of Copenhagen in 1866. He served two years with the Danish legation to the court of Russia and for political reasons came to the United States in 1873. He is a celebrated author on Orientalism and Mysticism.

Can't Give Away Busts Of Luther Burbank; Even Junkman Refuses Them

OAKLAND, Cal., June 12.—Free to anyone—Two busts of Luther Burbank, famous horticulturist. These busts, made by Gertrude Boyle Kanno, noted sculptress, who created a society sensation by marrying Takishi Kanno, Japanese poet, have been a source of grief to the Oakland chamber of commerce.

They were first presented to the county to be shown as the county exhibit at the State fair. For some reason they were not used. Then for several months the busts were in the chamber of commerce.

Finally they were offered to four different parks. The offers were declined, however, the excuse being given that there was no place to put them.

Later, when proffered to the Burbank school here, they were accepted, but several months drifted by and no one appeared to claim them. Recently the like-named Kanno, noted sculptress, who proved ungrateful, for the busts were found abandoned near Hayward. The finder thought they had been stolen and brought them back to the chamber of commerce. Frank Fisher, of the chamber of commerce, says:

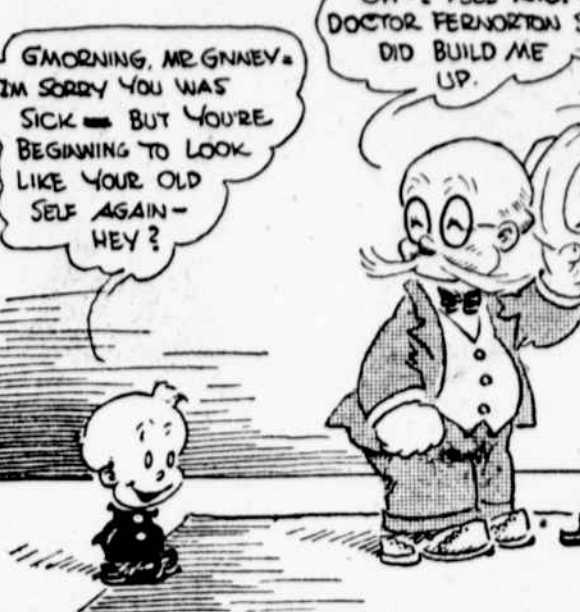
"I've tried to give them away and can't. They're in the way around here. Surely someone will take them."

POLLY AND HER PALS



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JERRY ON THE JOB



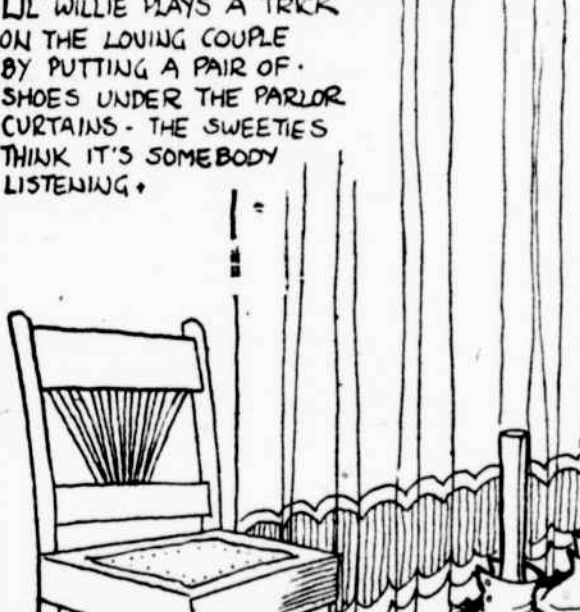
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US BOYS



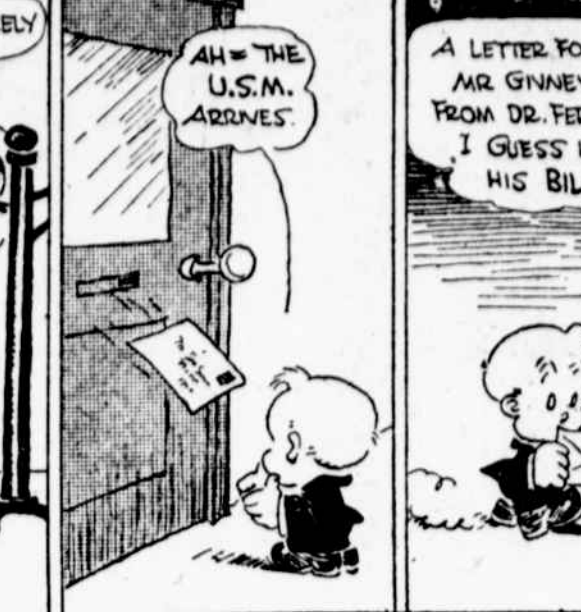
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HOW DO THEY DO IT?



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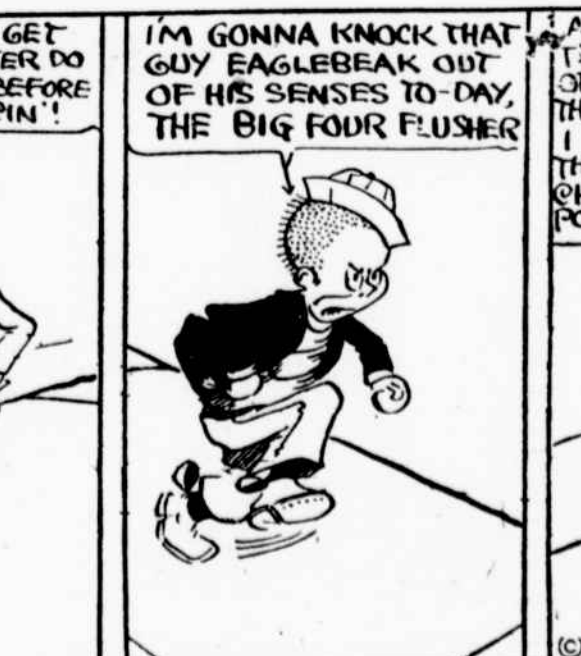
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HON AND DEARIE



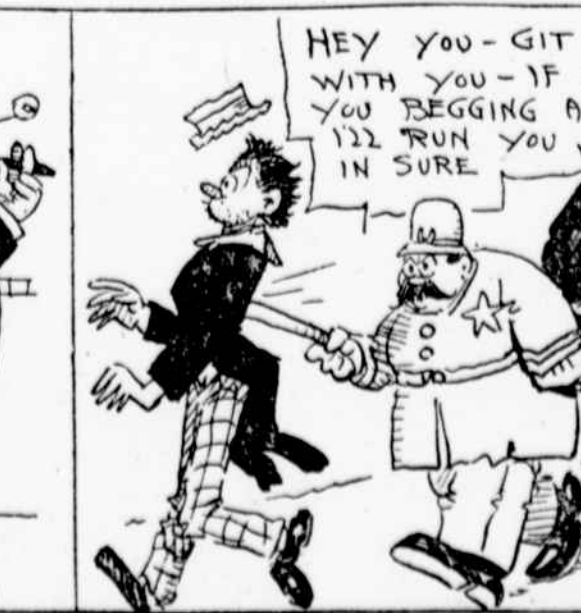
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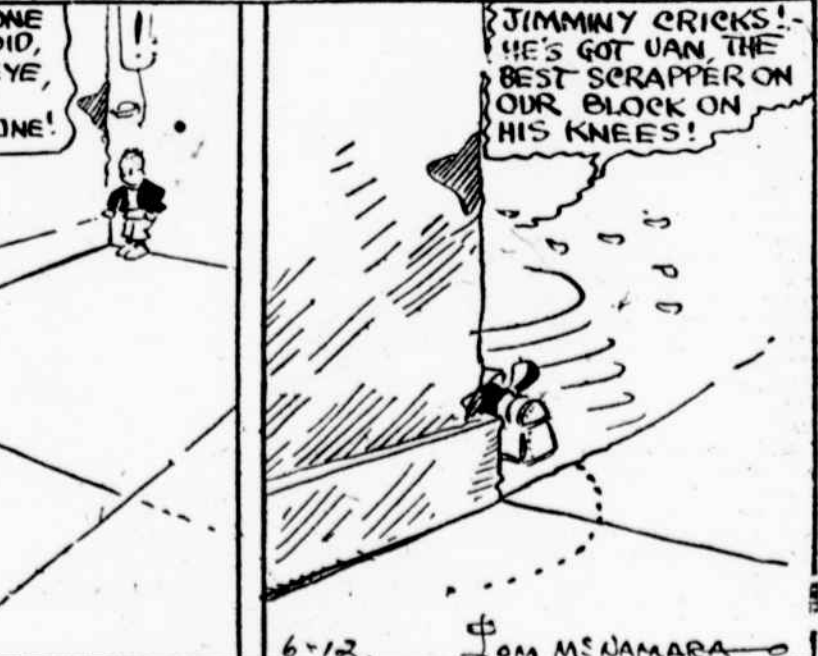
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When Two Are One It's 100 Much



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The Doctor Is Quite a Contractor



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Abie's Memory Isn't So Bad



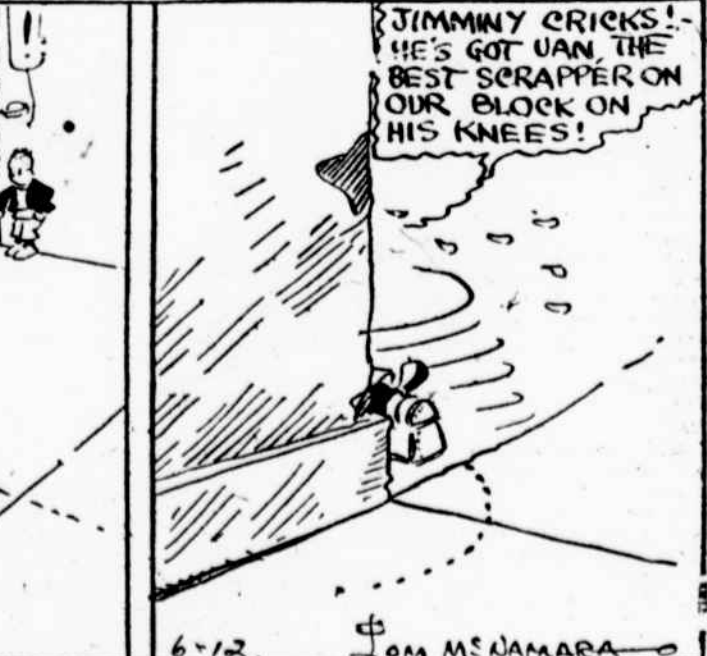
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High Shoes Will Keep Their Conversation Low



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Time to Go



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Sure—Here's a Dollar

